



The Focus Points of Polk's Parent University are....

- **Parenting Awareness:** Provides information and skills to assist parents in supporting their children through the developmental years. Tips for parents on being an advocate for their child, being involved in parent leadership, and effective parenting skills.
- **Learning in the 21st Century:** Assists parents in staying current with trends in teaching and learning, along with the challenges associated with living in an age of technology.
- **Health and Wellness:** Emphasizes the importance of living a healthy life with a focus on physical, nutritional, and mental health.
- **Personal Growth:** Focuses on topics related to personal and professional growth and learning for adults.

2015-2016 PARENT UNIVERSITY



September 12
@ Lake Region High School

8:30 AM to 1:00 PM
Doors open at 8:00 am.

February 2016
@ Location TBA

FREE transportation, lunch, and limited childcare.

Community vendors and agencies will have resource tables with information and resources.

FREE workshops on all core academics, bullying, ESE, financial literacy, nutrition, student services, stress management and many other topics.

For more information please call one of the parent centers or visit the website:
<http://www.polk-fl.net/parents/involvement/plug.htm>

CONTACT INFORMATION FOR PARENT CENTERS

THE CENTERS ARE LOCATED ON A SCHOOL CAMPUS AND ARE OPEN TO ALL PARENTS WITH A STUDENT IN A TITLE I SCHOOL

<p>@ Frostproof Elementary 118 W. 3rd Street, Frostproof, FL 33843 (863) 635-8600 STAFF: Anna Loianza Open M, W, F -7:30 AM-3:00 PM T, TH - 10:30-6:00 or 12:30-8:00 if there is an evening class.</p>	<p>@ Sleepy Hill Elementary 2285 Sleepy Hill Road Lakeland, FL 33810 (863) 815-6787 STAFF: Azalea Guadalupe Open M, W, F -7:30 AM-3:00 PM T, TH - 10:30-6:00 or 12:30-8:00 if there is an evening class.</p>
<p>@ Garner Elementary 2500 Havendale Blvd NW Winter Haven, FL 33881 (863) 965-5488 STAFF: Mindy Santiago Open M, W, F -7:30 AM-3:00 PM T, TH - 10:30-6:00 or 12:30-8:00 if there is an evening class.</p>	<p>@ Combee Elementary 2805 Morgan Combee Rd Lakeland, FL 33801 (863) 668-3035 STAFF: Jacqueline Olivo Open M, W, F -7:30 AM-3:00 PM T, TH - 10:30-6:00 or 12:30-8:00 if there is an evening class.</p>
	<p>@ Mulberry Middle School 500 Martin Luther King Ave Mulberry, FL 33860 (863) 425-9288 STAFF: Nitza Ribot Open M, W, F - 8:00 AM-3:30 PM T, TH - 10:30-6:00 or 12:30-8:00 if there is an evening class.</p>

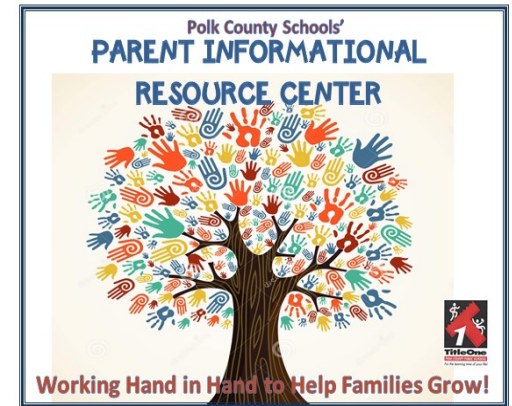


District Title I Parent Involvement Contacts	
Maria Longa 863-534-0056	Sr. Director of Federal Programs
Denise Atwell 863-519-3603	District Title I Parent Involvement Coordinator

Polk County Schools

Title I

**2015-2016
Parent Informational
Resource Centers
&
Parent University**



Parent Center Website
www.polk-fl.net/parents/involvement/pirc.htm

Parent University Website
www.polk-fl.net/parents/involvement/plug.htm

Parent Centers



Location of the Centers:

Each center is located on the campus of a school.

Campus Locations

- Sleepy Hill Elementary
- Combee Elementary
- Garner Elementary
- Frostproof Elementary
- Mulberry Middle School



Goal of the parent centers

Our goal is to educate, equip, and partner with our students and their support systems by offering a wide variety of relevant and effective programs and resources that will make a positive impact on the individual and the community. By building strong parent-learning communities we will increase student achievement in our schools.

What will the centers offer?

- FREE classes and workshops for parents
- Informational brochures and pamphlets on a variety of topics
- Information on local community resources, including ACCESS!
- Materials to check out and use at home
- Parent resource library
- ACT/SAT test prep materials
- GED study guides and adult school information
- Visits from the Books Bridge Bus
- Quarterly visits from AGAPE mobile food pantries through a partnership with Catholic Charities
- Learn English with Rosetta Stone
- Computers for parent use.
- Board games and **Family Game night**
- Bilingual materials
- Nutrition and cooking classes with UF IFS Extension Program
- **FREE** tax prep with Florida Prosperity Partners and United Way.

Who can come to the center?

All parents of students who attend a Title I school. Parents are welcome to visit, take part in the workshops and check out materials to help their child at home with academic skills.

Each center offers FREE parent workshops on:

Bullying, positive parenting, behavior, financial literacy, interviewing for a job, substance abuse, academics, graduation requirements, testing, writing a resume, using your public library, healthy cooking, internet safety, couponing, stranger danger, and many other topics!

Monthly class calendars are available on our website.

www.polk-fl.net/parents/involvement/pirc.htm

Community Partners

The parent centers partner with many community organizations along with PCSB departments and other Federal programs to offer classes and services to our parents. We are continually working to partner with other organizations within our community.

Homework Help

Help with homework is offered every Tuesday and Thursday from 3:00-6:00 pm. for elementary and middle school students. The help is provided by high school honor students or adult volunteers. Please call the center to sign up for the homework help.

Family Game Night

Family game night is offered every other month at each of the centers from 5:00-7:30. Families are invited to bring their children and spend time in the center playing board games. Please see our website for dates.

AGAPE Mobile Pantries/Catholic Charities

The parent centers sponsor an AGAPE mobile food pantry quarterly at the different centers. The mobile pantry brings groceries for 250 families. Please call the center or visit our website for dates and locations.

Parent University

Many school districts have implemented programs similar to Polk's Parent University in order to:

- increase parental involvement and participation in schools,
- allow parents an opportunity to network with professionals and other parents
- and help parents develop the skills needed to implement positive parenting practices and further their education.

Polk Parent University is a collaborative community effort led by Polk County's Title I department and other parent involvement contacts within the school district to help parents become full partners in their children's education.

Parent University is a partnership with community agencies and organizations to offer free courses, and family events and activities that will equip families with new or additional skills, knowledge, and resources. Workshops and classes will engage parents in innovative and meaningful partnerships for learning.

PARENTS are the single most important factor in a child's success. Parent University will offer opportunities for parents to sharpen their skills as they work in one of life's most important and demanding roles - **PARENTING!**

What is the Goal of Polk's Parent University?

The goal of Polk's Parent University is to increase parent involvement in the schools and empower parents to raise children who are successful in school and in life.

Parent University is a way in which our school district, businesses, and other community organizations can provide education to parents. Our philosophy is that parenting, like other types of education, is an ongoing and lifelong learning process.