

Dear Parent/Guardians:

As you already know, parenting teens today can be difficult, especially if you suspect that a teenager is using drugs. It is hard to know where to go for help and support. We want to remind you that the Mark Wilcox Center, a part of the Polk County Public School System, is ready to help parents, teachers, and other staff with:

- Free, voluntary drug assessments for students who are suspected of alcohol and/or other drug use
- Drug screenings through Drug Court
- Materials (videos, books and pamphlets) to educate staff, parents, and students about substance use and violence prevention.

You do not have to go through this situation alone. Help is just a phone call away! Call us at 291-5355.

Would YOU like to become involved with prevention efforts in Polk County? There are many opportunities for parents to become involved in preventing violence and substance abuse in our area. Please contact Cathy Boek at 291-5355 to schedule an appointment. Your help and input in the planning and implementation for violence and drug prevention activities would be greatly appreciated!

Please let us know how we may assist you.

Sincerely,

Cathy Boek  
Manager of Safe and Drug-Free Programs  
Mark Wilcox Center