

Dual Language Newsletter



Languages News

A cognitive neuroscientist, Ellen Bialystok has spent almost 40 years learning about how bilingualism sharpens the mind. Her good news: Among other benefits, the regular use of two languages appears to delay the onset of Alzheimer's disease symptoms. Dr. Bialystok, 62, a distinguished research professor of psychology at York University in Toronto, was awarded a \$100,000 Killam Prize last year for her contributions to social science. We spoke for two hours in a Washington hotel room in February and again, more recently, by telephone. An edited version of the two conversations follows. [The Bilingual Advantage Article](#)

Greetings from the Senior Curriculum Coordinator of Dual Language & World Languages

Dear Dual Language Teachers,

I would like to say "Thank you" for another year of Dual Language quality teaching to our Polk County students, and thank you for your dedication and support!

Have an enjoyable Summer!

If there is anything you would like to see added to this newsletter, feel free to send me an email at any time.

Sincerely,

Tamara Salgado



Tamara Salgado, M.Ed

January – May 2010 - 2011

Global Flavors

Pork Tonkatsu Sushi Roll

Ingredients

- * 1 lb. boneless pork tenderloin sliced thinly
- * 2 eggs plus 1 teaspoon of water
- * All purpose flour for dusting
- * 1/2 cup panko breadcrumbs
- * 2 tablespoons of Japanese or regular mayonnaise
- * Salt and pepper
- * 6 sheets of toasted nori seaweed
- * Vegetable oil for frying
- * Freshly cooked sushi rice

Method

1. Flatten pork slices with a wooden mallet
2. Remove extra fat and sprinkle with salt and pepper
3. Place the flour, beaten eggs and bread crumbs each in a separate container
4. Dust a pork slice with flour and shake to remove excess flour; dip into egg mixture and then coat with bread crumbs.
5. Heat vegetable oil in a wok; drop in cutlet and cook until golden brown
6. Cut the tonkatsu into long strips.
Place a sheet of nori with the shiny side facing down on a bamboo rolling mat
7. Moisten your hands with water and spread a portion of the sushi rice evenly over the nori; leave about 3/4 inch of the nori visible at the top
8. Using your thumb spread mayonnaise along the rice on the end nearest you. Lay one or two strips of the pork cutlet above the mayonnaise.
9. To roll the sushi, fold the mat over the ingredients and tuck in a part of the nori. Keep rolling, lifting the mat as you go along. Apply a gentle and even pressure. Moisten the top edge of the nori with a bit of water to help keep the sushi roll sealed.
10. Using a very sharp knife moistened with water cut the roll into 4 even sized pieces.



Japan's monetary unit is the yen, which has been used since 1871 and whose value in recent years has hovered around one U.S. cent. Presently, Japan issues paper money in denominations of 1,000, 2,000, 5,000 and 10,000 yen. It also issues coins of 1, 5, 10, 50, 100 and 500 yen. Japanese paper money, like money in many countries outside the United States, features different sizes, with notes getting larger as the denomination increases. The yen notes also have raised bumps in the lower left corners of the front to identify each denomination for people who are visually impaired. Likewise, the coins are of different sizes and metals to make them easily distinguishable

Information from: www.ehow.com

Dual Language

Cinco de Mayo

Web Watch

WHAT'S ONLINE FOR FOREIGN LANGUAGE EDUCATORS

Alphabets in Five Languages

<http://www.alphabetpage.com>

Hispanic Culture Site

www.hispanic-culture-online.com

Second Language Study Skills

http://docs.google.com/View?id=dc5gngw5_75fnrtrn_rfn

Center for Applied Second Language Studies

<http://casls.uoregon.edu>

Spanish Exercises

www.ver-taal.com

Resource by and for Spanish Teachers

www.todoele.net

Videos and Activities for Spanish Teachers

<http://profeland.blogspot.com>

Spanish Language Exercises

<http://mld.ursinus.edu/~jarana/Ejercicios/self-check.html>

World Languages Website:

<http://www.polk-fl.net/staff/teachers/worldlanguages.htm>



Sandhill Elementary



Sandhill Elementary Cinco de Mayo celebration was a great success! Student's, parents, and teachers all participated in the educational event. The student's had an opportunity to enjoy and learn the Mexican culture by its listening to music, making crafts, and learning some history lessons.

Thank you to the Dual Language Team at Sandhill Elementary for making this a great success!

Class of 2019 & 2020



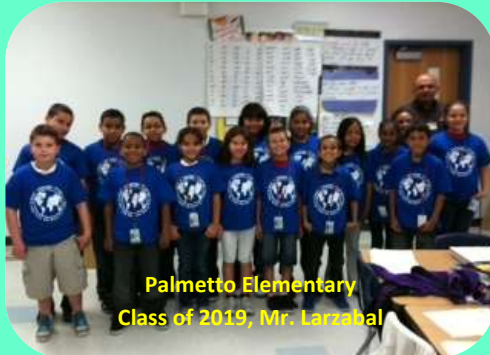
Palmetto Elementary
Class of 2020, Mrs. Bradley



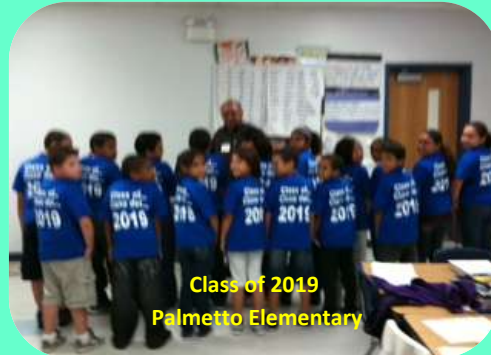
Palmetto Elementary
Class of 2020, Mrs. Thompson



Class of 2020,
Palmetto Elementary



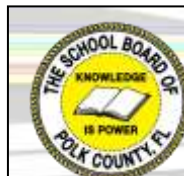
Palmetto Elementary
Class of 2019, Mr. Larzabal



Class of 2019
Palmetto Elementary



Dual Language Class Projects



"The Mission of Polk County Public Schools is to ensure rigorous, relevant learning experiences for our students that result in high achievement."