

Saturday, April 5 • Jim Miles Center

The **Superintendent's 5K Run for Excellence**, to benefit the Gifted Education Program in Polk County, will take place rain or shine on Saturday, April 5, 2008. Both the **5K Run/Walk** and the **Kids' Fun Run** will take place at the Jim Miles Center on the Fort Fraser Trail in Highland City. **Walkers are welcome!**



Superintendent's 5K RUN for EXCELLENCE



Schedule of Events

- 7:00 am** • Registration
- 7:40 am** • Warm-up stretching exercises led by the PCSB Wellness Team
- 8:00 am** • **5K Run/Walk** begins
- 8:30 am** • Cool-down stretching exercises led by the PCSB Wellness Team
- 9:00 am** • **Kids' Fun Run** begins
- 9:30 am** • Awards Ceremony

Entry Fees

- **\$15** - early registration fee
- **\$20** - registration fee after March 28, 2008
- No charge to youth in grades K - 5*
- Entry fees are non-refundable and should be postmarked by March 28, 2008

For More Information

Jeanette Wallace (863) 640-3932
www.midflorida.com/community/
 Pam Sudzina (863) 534-0934
www.polk-fl.net

PCSB Employees:

For your participation, you may earn a promotional car raffle ticket.

Amenities

- T-shirts will be given to all PRE-REGISTERED runners. Runners who register on race day will receive a T-shirt while supplies last. Race day registrants are not guaranteed requested T-shirt size.
- Post-race food and drinks will be provided at the finish area.

Awards

- First male overall
- First female overall
- First Master male and female (40 and over)
- First, second & third in standard five-year age groups
- All **Fun** runners/walkers will receive a medallion

Parking

Parking is available at the Jim Miles Center, located at 5204 US Hwy. 98 S.

Mission Statement

The Mission of Polk County Public Schools is to ensure rigorous, relevant learning experiences that result in high achievement for our students.

Superintendent's 5K Run for Excellence Entry Form

Please print clearly.

Name _____

Home address _____

City _____

State & Zip _____

Home phone _____

School name _____

Grade _____ Age _____ Male Female

T-shirt size (adult) S M L XL XXL

IMPORTANT: Please sign below!

I hereby, for myself, my heirs, my executor and administrators waive and release all claims for damages I may have against the Polk County Public Schools, MIDFLORIDA, all sponsors, volunteers, officials and organizers of this event. I attest and verify that I am physically fit and sufficiently trained for the competition of this event.

Signature _____ Date _____

***In order for a child under 18 years of age to participate, a parent or guardian MUST complete, SIGN and MAIL the entry form no later than March 28, 2008.**

Make checks payable to: **Polk County Public Schools**

Mail entry form and check to:

**Polk County Public Schools
 Pam Sudzina, Gifted Program
 P.O. Box 391, Bartow, FL 33831**