

2009

February



Natural Ideas for a "Fresh" Generation

2

Burrito
Hamburger

Baby Carrots w/ Dip
Steamed Broccoli
Fiesta or Plain Rice
Chilled Fruit

3

Lasagna
Grilled Chick Nuggets
Bread Stick

Italian Blend Veggies
Tossed Salad
Fruit Salad
Seasonal Fresh Fruit

4

Mini Corn Dogs
Club Sandwich

Green Beans
Fresh Veggies w/ Dip
Choice of Juice
Wacky Cake

5

BBQ/Pulled Pork Sand
Chicken Patty Sand

Potato Wedges
Green Peas
Baked Beans
Seasonal Fresh Fruit

6

Pizza
Soup
Cheese Roll Up

Corn
Fruit Freezie
Chilled Fruit
Jello

9

BBQ Rib Sandwich
Pizza Sub

Fresh Veggies w/ Dip
Steamed Cauliflower
Breaded Veggie Sticks
Chilled Fruit

10

Chicken Tenders
Beefaroni
Whole Wheat Roll

Scalloped Potatoes
Steamed Carrots
Choice of Juice
Seasonal Fresh Fruit

11

Lemon Pepper Fish
Biscuit
Tuna Salad

Green Beans
Cole Slaw
Fruit Salad
Fruit Crisp

12

Chicken & Dumplings
Yogurt, Muffin &
Cheese

Mixed Vegetables
Celery w/ PB
Baked Apples
Seasonal Fresh Fruit

13

Pizza
Hot Ham & Cheese

Corn
Choice of Juice
Chilled Fruit
Manager's Choice

16

No School

17

Corn Dog
Soup
w/ Cheese & Crackers

Green Beans
Fresh Veggies w/ Dip
Baked Beans
Seasonal Fresh Fruit

18

Turkey and Rice
Turkey & Cheese Sand

Steamed Broccoli
Fruit Salad
Choice of Juice
Cookie

19

Chili
Teriyaki Chicken Strips
Cheese Roll Up

Baby Carrots
Steamed Cauliflower
Chilled Fruit
Seasonal Fresh Fruit

20

Pizza
Baked Potato Bar
w/ Bread

Corn
Garden Salad
Fruit Freezie
Chilled Fruit

23

Beef Nachos
Pierogie Pasta Dippers
Nacho Cheese Cup

Lettuce & Tomato
Fresh Veggies w/ Dip
Black Eyed Peas
Chilled Fruit

24

Chicken Nuggets
Turkey Tetrazzini
Whole Wheat Roll

Mashed Potatoes
Green Beans
Mixed Vegetables
Seasonal Fresh Fruit

25

Cheeseburger
Ham & Cheese Sand

Breaded Veggie Sticks
Steamed Carrots
Choice of Juice
Wacky Cake

26

Spaghetti & Meat
Sauce w/ Italian Bread
Tuna Salad

Italian Blend Veggies
Tossed Salad
Fruit Salad
Seasonal Fresh Fruit

27

Pizza
Fish Sandwich

Corn
Celery w/ PB
Chilled Fruit
Jello

