

POLK COUNTY SCHOOL LUNCH

2009

April

Natural Ideas for a "Fresh" Generation



6
Beef Nachos
Pierogie Pasta Dippers
Nacho Cheese Cup

Lettuce & Tomato
Fresh Veggies w/ Dip
Black Eyed Peas
Chilled Fruit

7
Chicken Nuggets
Turkey Tetrazzini
Hot Roll

Mashed Potatoes
Green Beans
Mixed Vegetables
Seasonal Fresh Fruit

8
Cheeseburger
Ham & Cheese Sand

Breaded Veggie Sticks
Steamed Carrots
Choice of Juice
Wacky Cake

9
Spaghetti w/
Italian Bread
Tuna Salad

Italian Blend Veggies
Tossed Salad
Fruit Salad
Seasonal Fresh Fruit

10

No School

13
Sloppy Joe on Bun
Burrito

Green Beans
Steamed Cauliflower
Fruit Salad
Juice

14
Chicken or Beef Taco
BBQ Rib Sandwich

Baby Carrots w/ Dip
Fiesta or Plain Rice
Black Beans
Seasonal Fresh Fruit

15
Hot Dog
Stromboli

Steamed Broccoli
Cole Slaw
Chilled Fruit
Fruit Cobbler

16
Baked Chicken w/ Roll
Yogurt, Muffin, Cheese

Scalloped Potatoes
Green Peas
Baked Apples
Seasonal Fresh Fruit

17
Pizza
Soup
w/ Cheese & Crackers

Corn
Popeye Salad
Fruit Freezie
Chilled Fruit

20
Chicken Patty Sand
Meatball Sub

Lettuce, Tom, Pickles
Baked Fries
Steamed Carrots
Chilled Fruit

21
Fish Portion
w/ Mac & Cheese
Mac & Cheese w/
Ham
Fresh Veggies
Black Eyed Peas
Fruit Salad
Seasonal Fresh Fruit

22
Teriyaki Chicken Strips
Egg Roll
Baked Potato Bar

Stir Fry Vegetables
"Fried" Rice
Choice of Juice
Cookie

23
Shepherd's Pie
Chicken Tenders
Hot Roll

Green Beans
Mixed Vegetables
Garden Salad
Seasonal Fresh Fruit

24
Pizza
Chicken Quesadilla

Corn
Celery w/ PB
Chilled Fruit
Manager's Choice

27
Burrito
Hamburger

Baby Carrots w/ Dip
Steamed Broccoli
Fiesta or Plain Rice
Chilled Fruit

28
Lasagna
Grilled Chick Nuggets
Bread Stick

Italian Blend Veggies
Tossed Salad
Fruit Salad
Seasonal Fresh Fruit

29
Mini Corn Dogs
Club Sandwich

Green Beans
Fresh Veggies w/ Dip
Choice of Juice
Wacky Cake

30
BBQ / Pulled Pork Sand
Chicken Patty Sand

Potato Wedges
Green Peas
Baked Beans
Seasonal Fresh Fruit