

Polk County
Breakfast Cycle Menu
2007-2008 School Year

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 1	Whole Wheat Pancakes (2) with Syrup Juice Milk	Cereal or Yogurt Toast Canned Fruit Milk	Breakfast Pizza Fresh Fruit Milk	Muffin Cheese Chunk Canned Fruit Milk	Egg Patty and Cheese on Biscuit Juice Milk
W E E K 2	Whole Wheat Waffle (1) with Syrup Sausage Patty Juice Milk	Cereal or Yogurt Graham Crackers 2 packs Canned Fruit Milk	Egg and Cheese Hot Pocket Fresh Fruit Milk	Cheese Toast (2 slices cheese = 1 oz) Canned Fruit Milk	Sausage Biscuit Juice Milk

This two week cycle menu repeats, for the exact menu please contact the cafeteria manager at your school.

