

# Milestones

## Most Children Should Be Able To...

### By 6 Months:

- Lift head while lying on back
- Roll from back to stomach
- Move a toy from one hand to the other
- Pick up small objects
- Babble and say some sounds over again
- Be scared by loud or strange noises
- Reach arms out to be picked up
- Let you know what they like or don't like

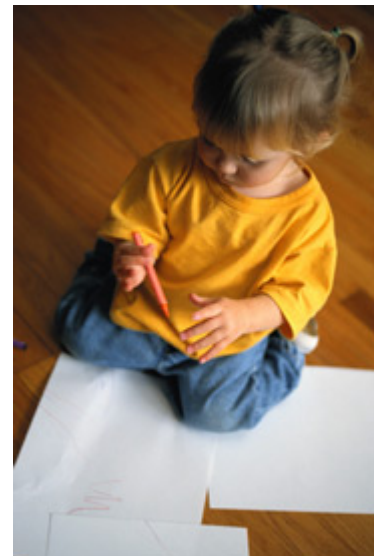


### By 12 Months:

- Walk alone or with hand held
- Turn body while sitting
- Throw small toys or other objects
- Let go of something when you try to take it away
- Say at least one word other than "mama" and "dada"
- Shake head "no"
- Cooperate during dressing
- Move toward you when you call

### By 18 Months:

- Walk (not creep) upstairs
- Throw a toy while standing and without falling
- Turn book pages two (2) or three (3) at a time
- Try to fill a spoon and feed themselves (with some spills)
- Say at least six (6) understandable words
- Point at what they want
- Imitate some of the things they see you do (sweeping, dusting, etc.)



### **By 2 Years:**

- Run well without falling
- Walk up and down stairs (may hold on)
- Take off pants and shoes
- Use short (2-3 word) sentences
- Use pronouns (me, you, mine, etc.)
- Start to tell you that they need to go to the toilet
- Usually do what you tell them without too much hassle

### **By 2-1/2 Years:**

- Jump up with both feet at the same time
- Throw a ball overhand
- Unbutton some buttons
- Hold a pencil or crayon like you do
- Use the plural for common words, such as "cats"
- Use the word "I" correctly most of the time
- Say first and last name when asked
- Drink from a regular glass or cup without assistance



### **By 3 Years:**

- Pedal a tricycle
- Alternate steps and feet while going up stairs
- Dry hands when reminded
- Turn pages of a book one page at a time
- Come back and tell you things they have done
- Know whether they are a boy or girl
- Begin to share toys with others
- Play fairly when with other children
- Usually take turns while playing

### **By 4 Years:**

- Try to hop or skip
- Alternate steps and feet while going down stairs
- Dress and undress (including buttons)
- Catch a ball most of the time when it is thrown to them
- Repeat a favorite nursery rhyme or song
- Recognize basic colors
- "Show off" or "tell little lies" from time to time
- Cooperate when playing with a small group of children



**By 5 Years:**

- Alternate feet while skipping
- Jump over low objects
- Jump rope (reasonably well)
- Tie their shoes (sometimes not tight enough, but they know how)
- Use butter knife to spread with
- Begin to copy some letters, maybe reversed
- Start to ask what words mean
- Help with little chores around the house
- Compete with other children in games (usually sticks to the rules)

Adapted from Battelle Developmental Inventory DLM Teaching Resources, 1984, and other sources.