



# SCHOOL BOARD OF POLK COUNTY

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BARTOW, FLORIDA 33830

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**Administration**  
JACQUELINE M. BYRD  
Superintendent

Dear Parent/Guardian:

Students who come to school with head lice contribute to the spread of this condition in Polk County Schools. Control of head lice depends on prompt identification and effective treatment. You can help by checking your child's head for the presence of head lice or louse nits on a regular basis.

To check your child's head:

1. Tilt your child's head forward so the chin is close to the chest.
2. Part the hair behind the ears and on the back of the neck.
3. Observe the hair and scalp areas for nits (louse eggs) and/or live lice.

If you find nits or lice, check all other family members. For treatment, check with your family doctor, or follow the recommendations given below:

- a. Treatments
  - Five Step Battle Plan (Olive Oil Treatment Plan may be obtained from school clinic)
  - Over-the-counter head lice treatment
  - Prescription head lice treatment (obtained from a doctor)

If any family member is pregnant, has an illness or is under the age of two, check with your doctor before treating. Follow the directions on the package carefully, because these products contain toxic chemicals, which may be harmful if used incorrectly. The effectiveness of these products depends on proper use.

- b. Wash all of your child's clothing and bedding (or seal them in a plastic bag for a week). Vacuum carpets, upholstered furniture (including car seats) and stuffed animals (or seal them in a plastic bag for a week).
- c. Polk County Schools have a "no nit" policy. Children will be sent home if they are found to have live lice or nits. All nits (louse eggs) must be removed from your child's hair before returning to school. This may be done by using a fine tooth comb or by pulling them from each strand of hair by hand. This is an important step for preventing re-infestation.

The head louse dies within forty-eight hours without human contact. Please help us keep the Polk County School Buildings lice-free by checking and treating your children for head lice before they return to school. Thank you for your cooperation.

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School Principal

The School Board of Polk County, Florida, prohibits any and all forms of discrimination and harassment based on race, color, sex, religion, national origin, marital status, age, homelessness, or disability or other basis prohibited by law in any of its programs, services, activities or employment. To file concerns, you may contact the Office of Equity & Compliance in the Human Resource Services Division at (863) 534-0513.

If you require any type of accommodation to complete the application process due to a disability, please call the Human Resource Services Division at (863) 534-0781. If you are deaf or hard of hearing, please contact the Polk County School District by calling Florida Relay Service at 1-800-955-8771.

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*Polk County Schools -  
an equal opportunity  
institution for education  
and employment*

*The Mission of Polk County Public Schools is to provide a high quality education for all students.*