

**Florida High School Athletic Association  
2016-17  
First Day of Practice**

**FALL Sports**

Football, Golf, Volleyball, Swimming – August 1  
Cross Country – August 1

**WINTER SPORTS**

Girls Soccer – October 10  
Boys Soccer – October 17  
Competitive Cheerleading – October 10  
Girls Weight Lifting – October 17  
Wrestling – November 7  
Girls Basketball – October 24  
Boys Basketball – October 31

**SPRING SPORTS**

Softball – January 23  
Baseball – January 30  
Tennis – January 23  
Track – January 23  
Boys Weight Lifting – January 16  
Spring Football – April 24