

Exercise Description: Polar Cop

Polar Cop helps develop word analysis and organization and focus skills. Using auditory clues, the participant is required to remember a spoken word while waiting for the matching pronounced (and written) word to be heard (and seen).

The mission chief pronounces a word. A series of written words are displayed one at a time on the briefcases of penguins that are passing across the screen. The participant clicks the written word when it matches the word that the mission chief pronounced. The participant continues doing so until all the words are matched.

Polar Cop also helps develop working memory by requiring the participant to remember the sound of the words in order to find the matching written word. Participants also work on phonological awareness and visual tracking to reinforce left-to-right reading patterns.