

Fast ForWord[®] Protocols

Neuroscience research confirms the importance of frequency and intensity of activity to build and strengthen new skills. Each Fast ForWord product includes research-based protocols that ensure students receive frequent and intense practice, while providing schools with the scheduling flexibility to meet their instructional programs' structure and objectives.

Each protocol specifies how much time students should spend with the product each day, and for how many weeks students should expect to use the product. Close adherence to an approved protocol correlates highly with good outcomes!

You can divide the schedules for all the products into multiple sessions. Students can take breaks between exercises, but not during an exercise. Allow sufficient time in the school schedule for starting up and finishing the exercises and taking breaks.

Fast ForWord Product	Approved Protocols
<i>Fast ForWord</i> Language Basics	30 minutes per day, 5 days per week Three 10-minute exercises each day for 3-6 weeks
<i>Fast ForWord</i> Language	50 minutes per day, 5 days per week 3-5 exercises of varying length each day for 8-12 weeks OR 75 minutes per day, 5 days per week Five 15-minute exercises each day for 6-10 weeks OR 100 minutes per day, 5 days per week Five 20-minute exercises each day for 4-8 weeks OR First week: Days 1-3: 60 minutes per day (three 20-minute exercises) Days 4-5: 80 minutes per day (four 20-minute exercises) After first week: 100 minutes per day, 5 days per week Five 20-minute exercises each day for 4-8 weeks
<i>Fast ForWord</i> Language to Reading	50 minutes per day, 5 days per week Five 10-minute exercises each day for 8-12 weeks OR 90 minutes per day, 5 days per week Five 18-minute exercises each day for 4-8 weeks
<i>Fast ForWord</i> to Literacy	50 minutes per day, 5 days per week Six 8-minute exercises each day for 8-12 weeks OR 90 minutes per day, 5 days per week 6 15-minute exercises each day for 4-8 weeks
<i>Fast ForWord</i> to Literacy Advanced	50 minutes per day, 5 days per week 5 10-minute exercises each day for 8-12 weeks OR 90 minutes per day, 5 days per week 5 18-minute exercises each day for 4-8 weeks
<i>Fast ForWord</i> to Reading Prep	30 minutes per day, 5 days per week Three 10-minute exercises each day for 8-12 weeks

Fast ForWord[®]

Family of Products

Fast ForWord Product	Approved Protocols
<i>Fast ForWord</i> to Reading 1 <i>Fast ForWord</i> to Reading 2 <i>Fast ForWord</i> to Reading 3 <i>Fast ForWord</i> to Reading 4	48 minutes per day, 5 days per week Six 8-minute exercises each day for 8-12 weeks OR 90 minutes per day, 5 days per week Six 15-minute exercises each day for 4-8 weeks
<i>Fast ForWord</i> to Reading 5	50 minutes per day, 5 days per week 5 10-minute exercises each day for 8-12 weeks OR 90 minutes per day, 5 days per week 5 18-minute exercises each day for 4-8 weeks