

Polk County School Board Employees

ACCESS FITNESS

Highland City Town Center ♦ 5291 US HWY. 98 S ♦ Lakeland, FL 33812 ♦ (863) 937 - 8028 ♦ www.AccessFitnessLakeland.com

Plans as Low as
\$20.00 a Month

Flexible Options

• Family Add-on Plans

• Restricted Plans

• No Commitment
Agreements



- Full Service Co-Ed Fitness Center
- Conveniently Located in the Highland City Town Center
- Member Access 365 Days a Year / 20 Hours Daily (4am-12am)
- State of the Art Cardio Equipment (LifeFitness®, SciFit®)
- Selectorized Circuit Weight Machines
- Free Weight Equipment / Dumbbell Area
- Group Fitness Classes
- Locker Rooms with Private Showers
- Security Controlled Access for Women's Locker Rooms
- Interior and Exterior Video Surveillance of Common Areas
- Personal Training and Tanning Services are Available.