



# Online WorkLife Services

*Your Work & Life Balance Solution*

Life in today's world can be hectic, complicated, and stressful. It's a challenge to "make ends meet" financially, emotionally, and literally: to satisfy work and family life demands as easily and effectively as possible. Horizon Health's My Life Values website meets members' everyday life needs with practical, web-enabled WorkLife solutions.

My Life Values provides solutions in the following areas:

## My Family

- Childcare / Eldercare
  - Public and private school
  - Medicare / senior resource finder
- College search and tuition
- Adoption resources
- Pet care

## My Time

- Searches for household, dining, travel, entertainment, and shopping
- Convenience services
- Concierge services



## My Health

- Engaging material
  - 1000+ videos
  - 1200+ articles
  - 60+ assessments, quizzes, and health tools
  - Physician-reviewed
- General Health
- Self-Help
- Mental Health



## My Money

- Credit card rewards program
- Mortgage discount program
- Coupon clipper
- Tax information center



## My Benefits

- Benefit description
- Legal / Financial library
- Legal documents
- Financial calculator



## Tools4You Webinars

- Live, online, weekly webinars
- Presented by Masters level, licensed professionals, with 10+ years experience
- Variety of topics
- 20+ archived webinars and growing



*Visit your  
WorkLife website  
today!*