

Medco Specialist Pharmacists can help you understand your medications and could help you save money

Medco offers a great way to help members safeguard their health. You now have 24/7 access by phone to the expertise and personalized support of Medco Specialist Pharmacists—and they're available through your prescription drug benefit at no additional cost.

Medco Specialist Pharmacists each have expertise in the medications used to treat a specific condition, such as high blood pressure, high cholesterol, depression, diabetes, asthma, osteoporosis, or cancer. This expertise comes from specialized training in these medications, combined with the experience they've gained from helping people with similar conditions.

Medco Specialist Pharmacists can work with you and your doctor to help safeguard your health.

Often members with multiple conditions see multiple doctors, who may be unaware of what other doctors are prescribing. Medco reviews *all* your medications on file from *all* your doctors and pharmacies to look for drug interactions that may be harmful.

If there is a potential problem with certain medications that you fill through the **Medco Pharmacy**[®], a Medco Specialist Pharmacist will review the prescription and contact you or your doctor to help make sure your medications will work together safely and effectively.

These pharmacists could also help you save money on your prescriptions.

Taking your medication as your doctor directed is one of the best ways to help maintain or improve your health. But to take your medication regularly, it helps when it's affordable.

Medco Specialist Pharmacists can help you see if there are any **lower-cost alternatives, including generics and lower-cost brands, available under your plan**. They can work with your doctor to help you get the best drug for you, based on health and cost.

You can address your concerns privately.

Like all our pharmacists, Medco Specialist Pharmacists have the time to talk to you on the phone—in *private*, 24/7—to help you understand and manage your medications.

This means that you can feel comfortable asking personal and sensitive questions about your medications—without concern that bystanders may be listening in on your conversation.

During your conversation, the pharmacist is fully available to help you understand how your medications work and their potential benefits for you.

An easy way to take advantage of this enhanced pharmacy support is to get your prescriptions by mail from the **Medco Pharmacy**. You'll also benefit from the convenience of having medications delivered right to you. With the **Medco Pharmacy**, you'll get:

- ▶ Up to a 90-day supply of medication—which could be at a lower cost than at a retail pharmacy
- ▶ 24/7 access to Medco Specialist Pharmacists
- ▶ Free standard shipping
- ▶ An easy refill process over the phone, by mail, or online

You can call a Medco Specialist Pharmacist to help you understand and manage your medications. Just call the toll-free number on your prescription drug ID card.