

Embracing differences

It's one of the great challenges of the global "melting pot" concept – understanding and accepting people of different races, religions, ages, genders, abilities and lifestyles. Read this month's bulletin for some good "food for thought" about these important ideals.

Tolerance + acceptance = respect



Dealing with differences

Whether on the Internet, at work or in our everyday personal lives, we deal with differences all the time. [More...](#)

[En Español](#)

Worklife balance



Disability etiquette: A winning strategy

Do you ever wonder how to act around someone who has a disability? Read on for some basic tips. [More...](#)

[En Español](#)

Learning acceptance at lunchtime



Mixing it up for diversity

This month thousands of schools from California to New York will participate in the 10th annual "Mix It Up at Lunch Day." [More...](#)

[En Español](#)

Different views, great news!



Embracing differences

What if everyone thought the same, dressed the same, ate the same, did the same thing day after day? There is much to appreciate in differences. [More...](#)

[En Español](#)

In This Edition

Dealing with differences

Disability etiquette: A winning strategy

Mixing it up for diversity

Embracing differences

Quick Links

Download the Newsletter
[English / Spanish](#)
[Text / Text En Español](#)

[October Monthly Calendar](#)

Webinars

He said, She said:
Gender conversation styles

Register today:
[October 27th @ 3PM ET](#)

[Download a list of free webinars for October 2011](#)

Seating is limited, so make sure to register early!

Missing word contest!



We have received many submissions for the

Missing Word Contest from the September newsletter. Make sure to catch the November newsletter to see who the lucky winners of the \$25 gift cards were!

Please do not reply to this e-mail, as it is an unmonitored mailbox. If you would like to speak to one of our consultants about this information, or feel you are in need of immediate assistance, please contact your Human Resources. Our telephonic assistance is available 24 hours a day, seven days a week, 365 days a year.

If this email contains Protected Health Information: This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.