

Polk County School Lunch Menu

# February 2012

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[www.polk-fl.net](http://www.polk-fl.net) search keyword: Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Patty Sandwich Chicken Noodle Soup Cheesy Breadstick  Potato Wedges Black-eyed Peas 100% Fruit Juice	2 Spaghetti Whole Grain Italian Bread Pizza Sub  Garden Salad Winter Blend Veggies Seasonal Fresh Fruit	3 Pizza Chicken Patty Sandwich  Green Beans Fresh Veggies w/Dip Applesauce
6 Beef Nachos Nacho Cheese Cup Fish w/ Bread or Tortilla  Lettuce/Diced Tomato Black Beans Canned Fruit	7 Asian Chicken Rice Bowl Baked Potato w/ Toppings  Egg Roll Stir Fry Vegetables Season Fresh Fruit	8 Cheeseburger Pizza Sub  Baked Fries Fresh Veggies w/ Dip Mixed Fruit Salad	9 Breaded Baked Chicken Whole Wheat Roll Beefaroni  Green Beans Seasonal Fresh Fruit Small Cookie	10 Pizza Chicken Patty Sandwich  Corn on the Cob Popeye Salad Whole Fruit Juice Bar
13 Baked Ziti Grilled Chicken Sandwich  Tossed Salad Steamed Broccoli Chilled Fruit	14 Chicken Soft Tacos Baked Potato w/ Toppings Whole Wheat Roll  Beans & Rice Romaine Lettuce/Tomato Seasonal Fresh Fruit	15 Corn Dog Chicken Nuggets Whole Wheat Roll  Cheesy Cauliflower Fresh Veggies w/ Dip Warm Spiced Fruit	16 Roasted Turkey or Pork Whole Wheat Roll Hot Ham & Cheese Bagel  Fresh Steamed Green Beans Mashed Potatoes Seasonal Fresh Fruit	17 Ultimate Flatbread Pizza Turkey Noodle Soup Cheesy Breadstick  Corn Celery w/ PB Applesauce
20 <b>NO SCHOOL</b>	21 Roasted Chicken Yellow Rice Pizza Sub  Black Beans Steamed Broccoli Seasonal Fresh Fruit	22 Shepherd's Pie Baked Potato w/ Toppings Whole Wheat Roll  Steamed Mixed Veggies Fresh Veggies w/ Dip Mixed Fruit Salad	23 Chicken Nuggets/Tenders Pasta Salad Sloppy Joes  Sweet Potato Fries Seasonal Fresh Fruit Cake	24 Pizza Cheeseburger  Corn Garden Salad Whole Fruit Juice Bar
27 Chili Baked Potato w/ Toppings Cheesy Breadstick  Corn Fresh Veggies w/ Dip Mixed Fruit Salad	28 Turkey and Rice Chicken Quesadilla  Green Peas Seasonal Fresh Fruit Fruit Crisp or Cobbler	29 Chicken Patty Sandwich Chicken Noodle Soup Cheesy Breadstick  Potato Wedges Black-eyed Peas 100% Fruit Juice		

Student may choose one entrée and three sides. A variety of milk is offered daily.