



AFTER-SCHOOL SNACK PROGRAM MENUS 2010-2011

MONDAY Bear Grahams Juice	TUESDAY Carrots w/dip Milk	WEDNESDAY PB&J Wafer Juice	THURSDAY Fresh Fruit Milk	FRIDAY Smart Cookies Juice
MONDAY Graham Crackers (2) Peanut butter Cup (1 oz.) Juice	TUESDAY Chilled Canned Fruit Milk	WEDNESDAY Granola Bar Juice	THURSDAY Choice of Cereal Milk	FRIDAY Mozzarella Cheese Stick Juice
MONDAY Bagelette w/Jelly (1) Juice	TUESDAY Fresh Fruit Milk	WEDNESDAY Cheese Stick w/Crackers (2) Juice	THURSDAY Animal Crackers Milk	FRIDAY Yogurt Juice
MONDAY Cheese Crackers Juice	TUESDAY Fresh Fruit Milk	WEDNESDAY Muffin Juice	THURSDAY Chilled Canned Fruit Milk	FRIDAY Goldfish Pretzels Juice

****Grains equal one bread component.***

****Meat/Meat Alternative equal 1 oz. serving.***

****Juice is 6 ounces and 100% fruit juice.***

****Fresh Fruit, Canned Fruit and Applesauce equal 3/4 cup serving.***

****Milk is 8 ounces. Offer a variety!***